

# WATCH FOR BED BUGS



MANITOBA  
HOTEL  
ASSOCIATION

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ESTABLISHED 1927

**Manitoba** 

»» INSPECT GUEST ROOMS  
EVERY DAY FOR BED BUGS.

»» THIS IS THE ACTUAL SIZE  
OF A BED BUG 

»» BED BUGS CANNOT FLY  
OR JUMP.

»» BED BUGS CAN COME INTO  
HOTELS ON ALMOST ANYTHING  
INCLUDING LUGGAGE OR A  
PERSONS' CLOTHING.

»» SPOTTING THEM EARLY CAN  
PREVENT THEIR SPREAD.

# LIFE CYCLE OF A BED BUG

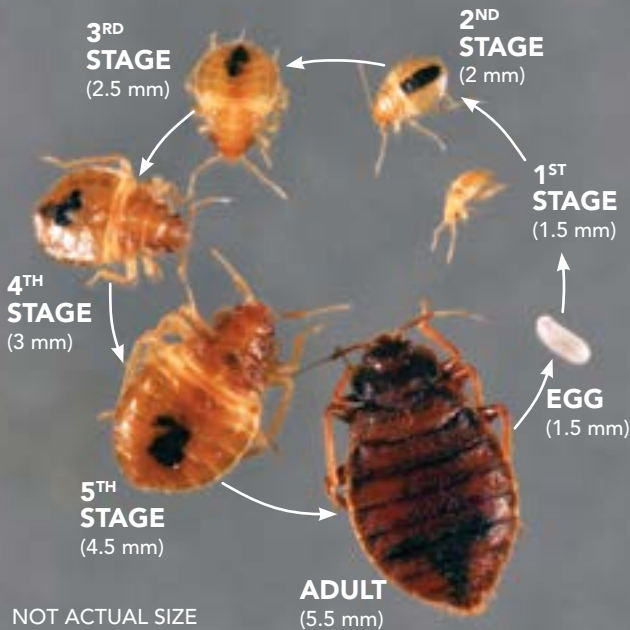
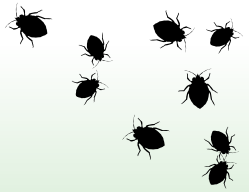


Photo credit: John L. Obermeyer, Purdue Extension Entomology

» When changing bed linens, look for small spots of blood on the bottom sheet. They may appear in a row.

» Look very closely at mattress seams, edges and covers for signs of adult bed bugs. Also look for signs of smaller-sized (younger) bed bugs and eggs.

» Inspect mattresses, box springs, bed frames, headboards and footboards and the other furniture in the room.



## IF YOU THINK YOU SEE SIGNS OF BED BUGS IN A HOTEL ROOM YOU ARE CLEANING:

- Do not take anything from the room. Leave the vacuum, sheets and any cleaning items you were using in the room. This stops the spread of bed bugs to other hotel rooms.
- Inspect yourself and your clothing for signs of bed bugs before leaving the room.
- Leave the room and close the door.
- Tell the supervisor on duty right away that you have seen signs of bed bugs.

To learn more about bed bugs please contact:

- p** 1-855-362-2847 (toll free)
- e** [bedbugs@gov.mb.ca](mailto:bedbugs@gov.mb.ca)

[www.manitoba.ca/bedbugs](http://www.manitoba.ca/bedbugs)

